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Top 10 causes of work place conflict

3 minutes

Or, maybe you've just fallen victim to poor communication from your fellow colleagues or been distracted by their inappropriate work wear. Here are the top ten causes of work place conflict.

1. Poor communication

A fellow employee who fails to deliver vital information across is a big problem and can cause plenty of problems.

Good communication is key when it comes to working in a team. If someone doesn't communicate well or fails to send down the right message, people will start to get annoyed at their incompetence.

Be clear, concise and make sure you keep to the point when passing on information and you'll be fine.

2. Two faced colleagues

They know everything there is to know about everyone, and seem to be best of friends with each and every person in the office. They're overly nice, but always seem to have the latest

gossip.

Talking about your colleagues behind their back, no matter how annoying is a disaster waiting to happen and it's one of the biggest causes of office conflict.

If you're not impressed with the way a colleague is acting tell them you don't want to get embroiled in other people's business. It's best to stay out of the politics.

3. Clash in personalities

The nature of a work place means you're thrown into the deep end with people who you might not otherwise socialise with.

here will always be some sort of disagreement on matters in the office because everyone has their own view, and it would be a very dull place if everyone thought the same. However, making sure you know when to hold back your opinion is key.

4. Slackers

A slacker's desk is covered in dust and they pull one to many sickies for it to be believable anymore. Or, maybe they're the one whose lunch hour turns into the whole afternoon.

Whichever one, it's never nice to feel like you're doing all the work.

5. Competitiveness

There's always someone in the office who seems to want to do everything better than everyone else. Maybe they're after a

promotion, or maybe they just want to prove that they're the best. Either way, their constant campaigns to outdo everyone in their path can be both undermining and aggravating.

It's best to try and focus your efforts on your own work instead of worrying about other people. If you're doing the best you can do then your efforts won't go unnoticed.

Image [source](#)