

THE MUSCULAR SYSTEM

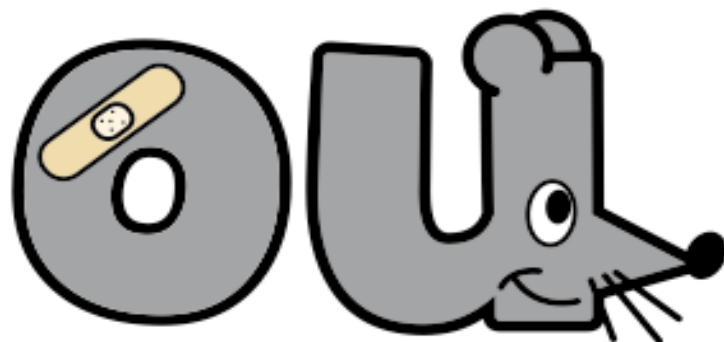
Unit 5: Lesson 7





We are learning to:





- Find and use the “OU” sound
- Use the pronouns: this, that, these, those
- Use “Have” in the plus infinitive (have to..., has to....)
- Understand the muscular system



c l o w n 

b r o w n 

c l o u d 

p r o u d 

c r o w n 

How many words can you think of
that have the ou-ow sound as in cow?



ou

ow

Sneaky Letters

cousin
jeal**ou**s
fam**ou**s
t**ou**ch
y**ou**ng

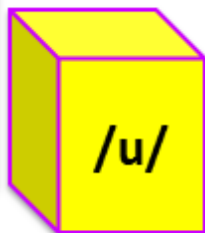
ou

m**ou**se
h**ou**se
sh**ou**t
b**ou**t
pr**ou**d

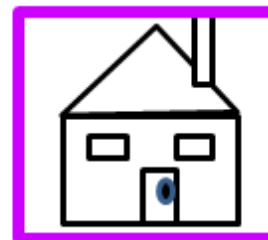
touch



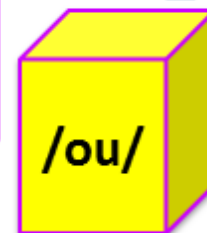
/u/



house



/ou/



WORDS WITH OU



Directions: Read each sentence. Fill in the blanks with a word from the word box.

1. I like to run _____ outside.
2. My friend lives in a big blue _____.
3. I _____ a penny on the ground.
4. I am _____ when I get up in the morning.
5. I can _____ all the way to 100!
6. I sit on the _____ in my living room.

Word Bank

count	found	around
grouchy	house	couch

**LET'S KEEP
PRACTICING
THESE
SOUNDS**

More Practice!



Read the words below. They contain "ou" and "ow" spelling pattern making the ouch sound. Time yourself 4 times and see if you can beat your previous score. Record the results below.



flower

found

bow

ground

power

shout

brow

shower

account

pound

round

tower

house

cow

our

house

clowns

mouse

crowds

flour

how

sound

vowel

loud

towel

trout

around

now

powder

cloud

owl

town

hour

amount

row

mouth

vow

trousers

fowl

growl

allow

crowd

count

clown

aloud

about

country

brown

drown

south

wound

down

sour

noun

crown

Read 1

:

Read 2

:

Read 3

:

Read 4

:



THE MUSCULAR SYSTEM



**The muscular system helps the body move.
Different muscles move different parts of the
body.**



Most muscles work in pairs. One muscle contracts when the other muscle relaxes. This action causes a part of the body to move.



Legs have many pairs of large muscles. Leg muscles help people jump.



Large muscles in the arms and back work together. These muscles help people climb.



Small muscles in the hands work together. Hand muscles help people draw.



Small muscles in the face work together. Face muscles help people smile.



Some muscles work all the time. The heart is a muscle. It pumps blood through the body.



Sometimes many muscles in the body work together. People use many muscles when they swim.



Exercise keeps muscles healthy. Muscles grow stronger when they are used so be sure to exercise everyday!

DEMONSTRATIVE PRONOUNS

This – These

This
(near)



This is a duck.

That – Those

That
(far)



That is a monkey.

These
(near)



These are ducks.

Those
(far)



Those are monkeys.

Let's practice using items in our houses!

HAVE, HAS



I
YOU
WE
THEY } **HAVE**

I **have** a black car.

We **have** a white car.

They **have** a big car.



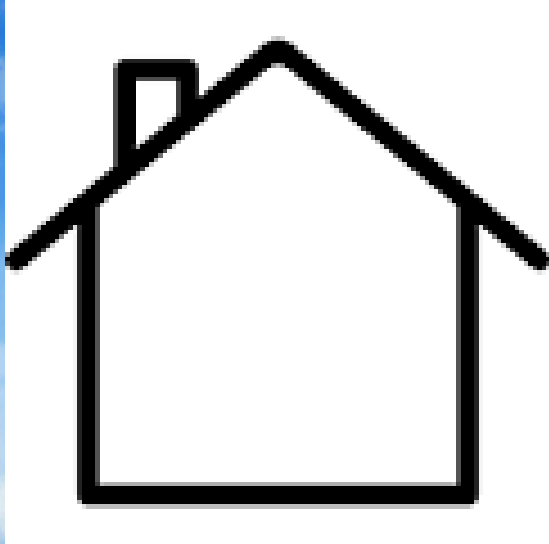
He
She } **HAS**

He **has** black hair.

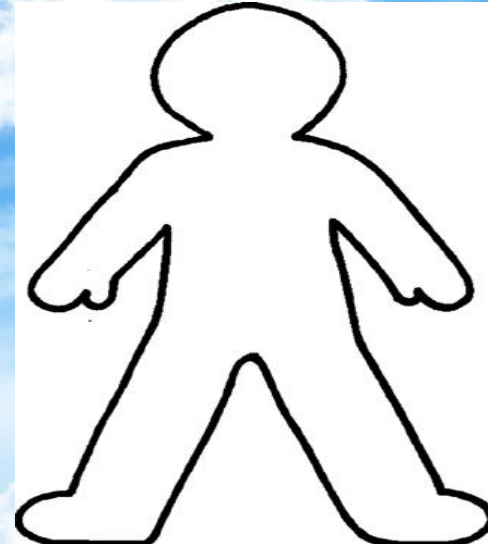
She **has** red hair.

LET'S PRACTICE

**Describe 3 things that
you have at your house:**



**Describe something that
your best friend has:**



Have To...

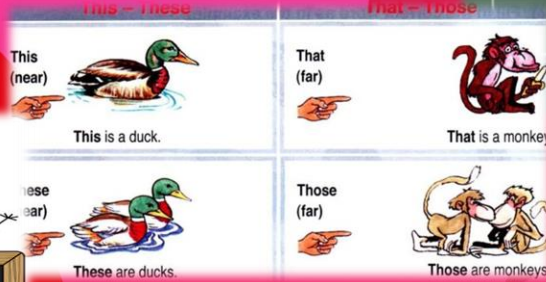
- I have to go to school.
- You have to wear your uniform.
- We have to be on time.
- They have to prepare for the Chinese New Year celebrations.

Has to....

- She has to visit her grandmother.
- He has to practice the piano.

Let's practice by talking about things that we have to do this week!

A QUICK RECAP OF TODAY'S LEARNING GOALS







Homework





Unit 5 Lesson 7 Homework Practice

5. This - These / That - Those

5. This - These / That - Those

This - These	That - Those
<p>This (near)</p>  <p>This is a rabbit.</p>	<p>That (far)</p>  <p>That is a cat.</p>
<p>These (near)</p>  <p>These are rabbits.</p>	<p>Those (far)</p>  <p>Those are cats.</p>

28 Fill in "this", "these", "that", or "those" as in the example:

1. ... *This* ... is a cat. 
2. is a dog. 
3. are tables. 
4. are bananas. 
5. is a bed. 
6. are chairs. 