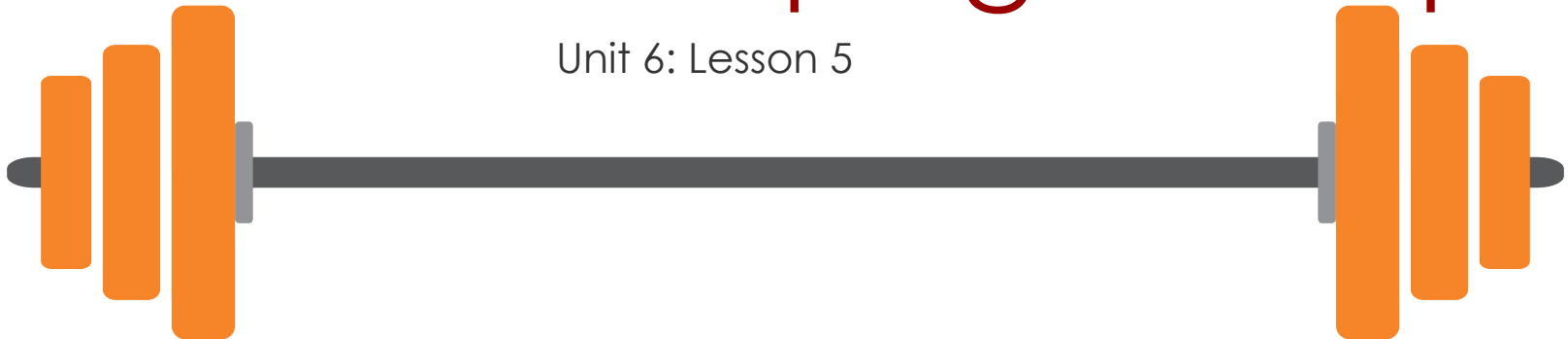


# Keeping In Shape

Unit 6: Lesson 5





# What are we learning this class?

- Review the “OO” sound
- Write the ending of a song
- More simple past irregular verbs!

What sound does the letter  
“O” make?

What does it sound like  
when two letter O's are  
together in a word?

Oo

# Let's look at words that have “Oo” in them.

Do you know any words that  
have “Oo” in them?  
List them below.



# Fill in the blanks of these words!

F \_ \_ \_ d



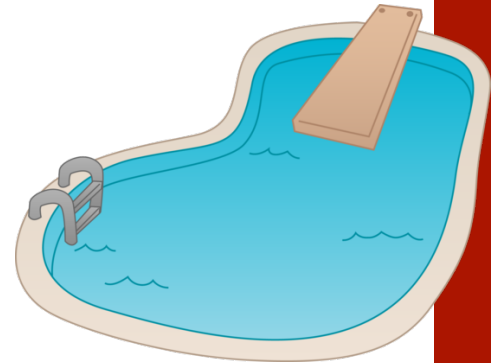
Sm \_ \_ \_ thie



P \_ \_ \_ l

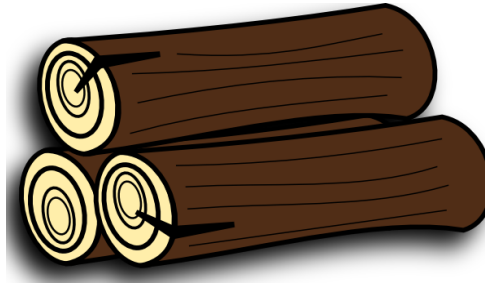


C \_ \_ \_ k

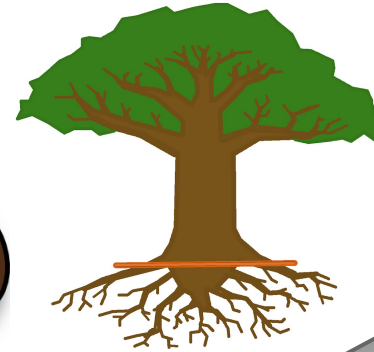


# Fill in more blanks!

R \_ \_ \_ t



Sp \_ \_ \_ n



T \_ \_ \_ th



W \_ \_ \_ d



None of these words have two “O’s” in them. How do we pronounce these words?

Do

Two

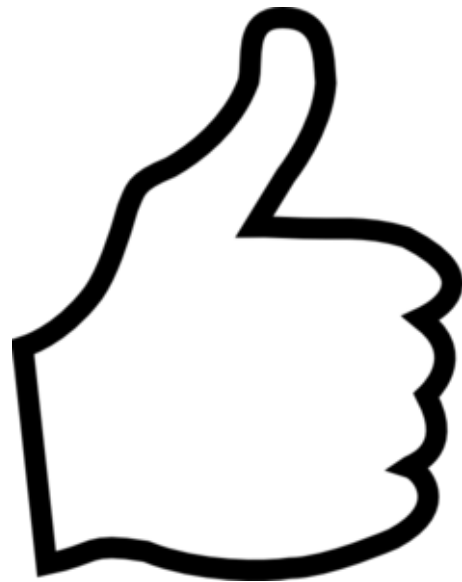
To

Blue

Shoe

Threw

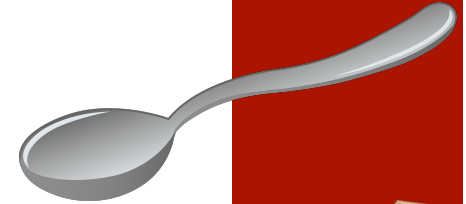
You're right. We  
pronounce  
them as if they  
had two O's!



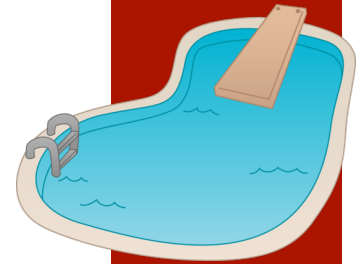


Let's think about keeping in shape. Fill in the sentence with the appropriate word.

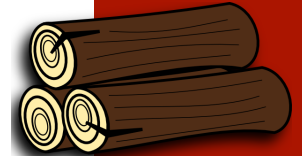
I use a \_\_\_\_\_ to eat my soup.



I love to go swimming in the \_\_\_\_\_.



I help my dad chop the \_\_\_\_\_ in the yard.



I drink a fruit \_\_\_\_\_ every morning to get proper vitamins



After I eat a snack, I brush each \_\_\_\_\_ in my mouth.

Try to write your own  
sentence now. Use  
one word that has two  
“O” letters in it.

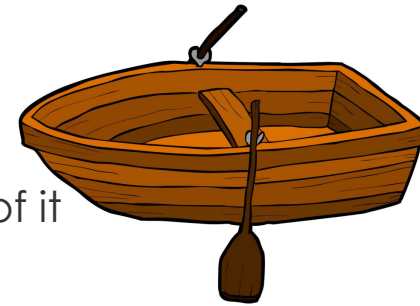


Great! Now try to write  
another sentence. Use one  
word that has the “Oo”  
*sound* in it.

This means that the word may not  
have two O's in it.



# Writing the end of a song



Let's sing this song together, then – write the end of it in the blank below.

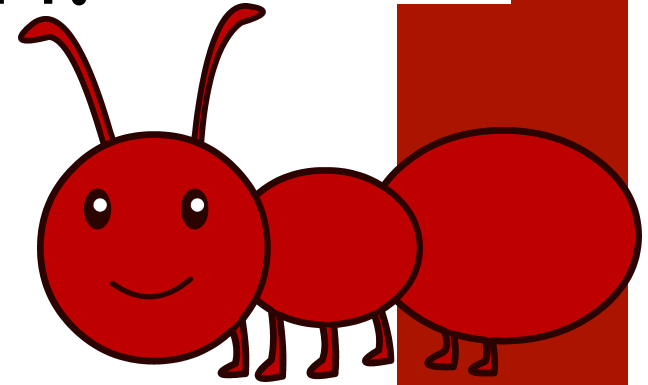
Row, row, row your boat  
Gently down the stream,  
Merrily, merrily, merrily, merrily

---



# Let's try it again!

## The ants go marching!



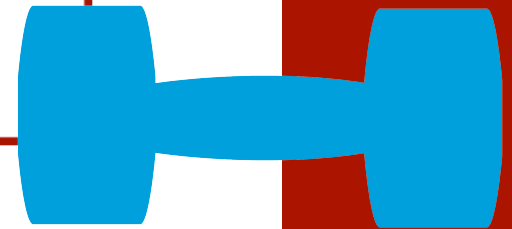
The ants go marching one by one  
Horrah! Horrah!

The ants go marching one by one  
Horrah! Horrah!

The ants go marching one by one



One more time! This time you sing a song and your classmate will finish it. Write the name of your song in the box below.



What is the song you are singing about? Is it an activity that can keep you active like rowing or marching?

# Past Tense: Irregular Verbs

Let's look at more irregular verbs. How would you create the past tense?

*I dranked?*

- Drink
- Say
- Swim
- Wake

*I swimmmed?*

*I sayed?*

*I waked?*



Read these sentences out loud.  
Do they sound better?

I drank 8 glasses of water today!

“She got the goal!” I said to my coach.

I swam a lap in the pool in two minutes!

I woke up very early for practice this morning.



# Now, practice these verbs

I (drink) \_\_\_\_\_ all of my smoothie  
this morning!



“I (say) \_\_\_\_\_ I am very tired.”

I (swim) \_\_\_\_\_ to the boat in the middle  
of the lake.

I (wake) \_\_\_\_\_ up my mom so she could drive me  
to practice.



Great! Write a sentence using  
one of these verbs!



Drink

Swim

Say

Wake



A large empty rectangular box with a red border, intended for writing a sentence using one of the verbs listed.

Let's read this poem together!

## Hiking

The place to hike is among'st the hills,  
Where every bend brings a pack of thrills,  
Another place to make your goal  
Is deep in the wood by the swimming hole.  
Never a thought, and never a care,  
Strip off your clothes, and go in on a dare,  
The water's so cold, it makes you shiver,  
So out you hop to eat bacon and liver.  
After a day of laughter and fun,  
Our attention is drawn to the now setting sun.  
With a song in the air, we start on our way,  
And hope for another such glorious day!

TOM WARREN.

What two activities did the person do in the poem?

Have you ever done one of those activities?

How did you like it?





# Review!

We have looked at

- The “Oo” Sound

Do you remember what words we looked at?

- Finishing the end of a song
- What song was your favourite?
  - More irregular verbs
  - Swim, Wake, Drink, Say



# Homework!

Do you have any questions?