**Cellular Respiration Introduction Handout**

**As you work your way through the cellular respiration introduction activity, answer the following questions to help you collect the relevant information.**

1. **What is cellular respiration? What are the two types of respiration?**
2. **What occurs in aerobic cellular respiration? What is the net overall equation for aerobic cellular respiration?**
3. **What are the four stages of aerobic cellular respiration? Where do they occur?**

1. **What are the two types of anaerobic processes that cells use to produce energy? What are the differences between the two?**
2. **What would be the net effect for life on Earth if the aerobic pathway had not developed?**