**MINDS-ON ACTIVITY**

1. Draw a house using your left-hand and then your right hand in the boxes below:

|  |  |
| --- | --- |
| **Left-Hand Drawing** | **Right-Hand Drawing** |
|  |  |

1. With a partner, compare drawings and discuss the following questions:

🞏 Is one of the drawings better than the other? Why?

🞏 Do you have a preference for one hand? Why?

🞏 What would you do to adapt if you couldn’t use your dominant hand?

\*\* **Big Idea**: Everyone has preferences when completing a task and learns to adapt when necessary. The same is true when we learn. We call these preferences ***Learning Styles.***

**MY LEARNING STYLE ACTIVITY**

**LEARNING STYLES ASSESSMENT**

1. Select **Career Spectrum** from the i-navmenu on your dashboard
2. Complete the **Learning Styles** assessment
3. Click **View Full Report** and answer the following questions

🞏 What is your learning style? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

🞏 List four study tips that were recommended to you. Add a star next to the ones you have not tried yet.

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🞏 Select one of the study tips you have tried, and explain why it was beneficial.

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🞏 How will knowing your learning style help you academically or personally?

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