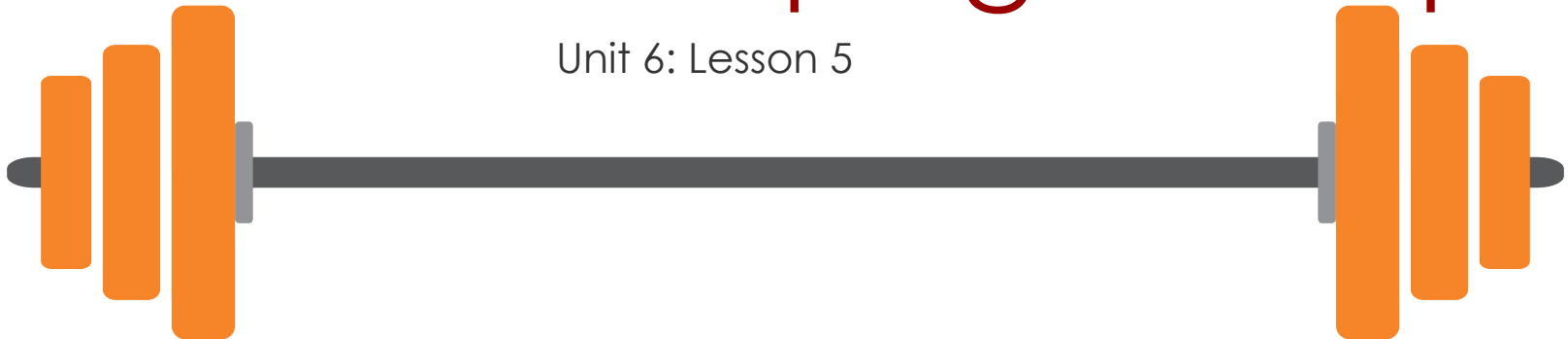


Keeping In Shape

Unit 6: Lesson 5



What sound does the letter
“O” make?

What does it sound like
when two letter O's are
together in a word?

Oo

Let's look at words that have “Oo” in them.

Do you know any words that
have “Oo” in them?
List them below.



Fill in the blanks of these words!

F _ _ _ d



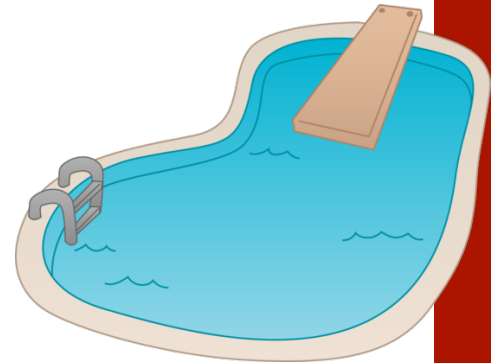
Sm _ _ _ thie



P _ _ _ l

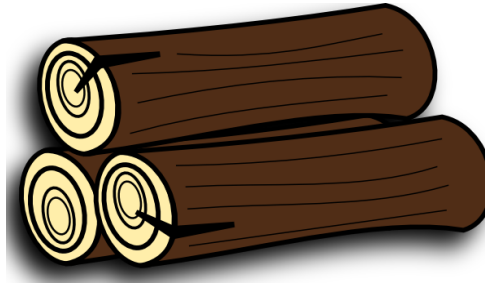


C _ _ _ k



Fill in more blanks!

R _ _ _ t



Sp _ _ _ n



T _ _ _ th



W _ _ _ d



None of these words have two “O’s” in them. How do we pronounce these words?

Do

Two

To

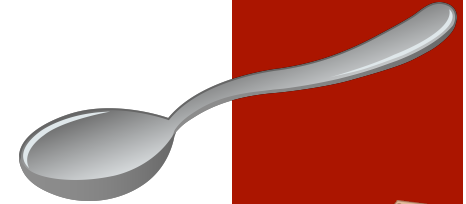
Blue

Shoe

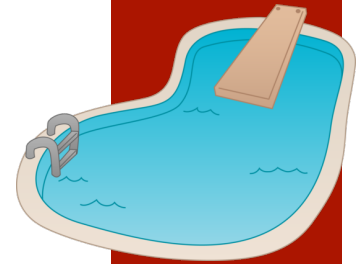
Threw

Let's think about keeping in shape. Fill in the sentence with the appropriate word.

I use a _____ to eat my soup.



I love to go swimming in the _____.



I help my dad chop the _____ in the yard.



I drink a fruit _____ every morning to get proper vitamins



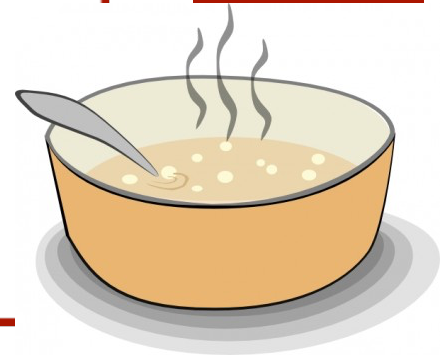
After I eat a snack, I brush each _____ in my mouth.

Try to write your own
sentence now. Use
one word that has two
“O” letters in it.

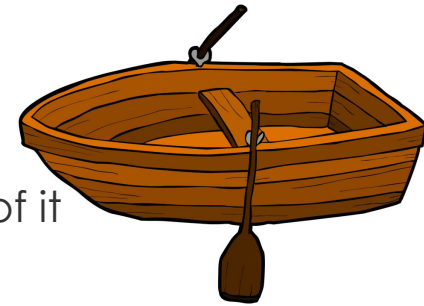


Great! Now try to write
another sentence. Use one
word that has the “Oo”
sound in it.

This means that the word may not
have two O's in it.



Writing the end of a song



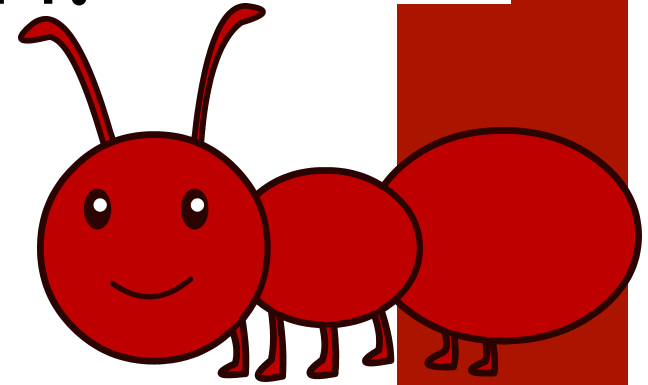
Let's sing this song together, then – write the end of it in the blank below.

Row, row, row your boat
Gently down the stream,
Merrily, merrily, merrily, merrily



Let's try it again!

The ants go marching!



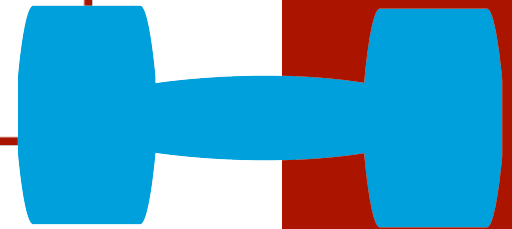
The ants go marching one by one
Horrah! Horrah!

The ants go marching one by one
Horrah! Horrah!

The ants go marching one by one



One more time! This time you sing a song and your classmate will finish it. Write the name of your song in the box below.



What is the song you are singing about? Is it an activity that can keep you active like rowing or marching?

Past Tense: Irregular Verbs

Let's look at more irregular verbs. How would you create the past tense?

I dranked?

- Drink
- Say
- Swim
- Wake

I swimmmed?

I sayed?

I waked?



Read these sentences out loud.
Do they sound better?

I drank 8 glasses of water today!

“She got the goal!” I said to my coach.

I swam a lap in the pool in two minutes!

I woke up very early for practice this morning.

Now, practice these verbs

I (drink) _____ all of my smoothie
this morning!

"I (say) _____ I am very tired."

I (swim) _____ to the boat in the middle
of the lake.

I (wake) _____ up my mom so she could drive me
to practice.



Great! Write a sentence using
one of these verbs!

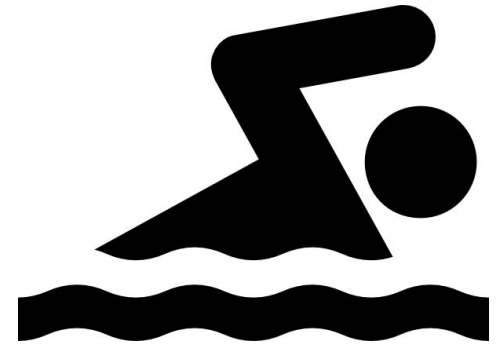


Drink

Swim

Say

Wake



A large empty rectangular box with a red border, intended for writing a sentence using one of the verbs listed.

Let's read this poem together!

Hiking

The place to hike is among'st the hills,
Where every bend brings a pack of thrills,
Another place to make your goal
Is deep in the wood by the swimming hole.
Never a thought, and never a care,
Strip off your clothes, and go in on a dare,
The water's so cold, it makes you shiver,
So out you hop to eat bacon and liver.
After a day of laughter and fun,
Our attention is drawn to the now setting sun.
With a song in the air, we start on our way,
And hope for another such glorious day!

TOM WARREN.



Homework!

Do you have any questions?