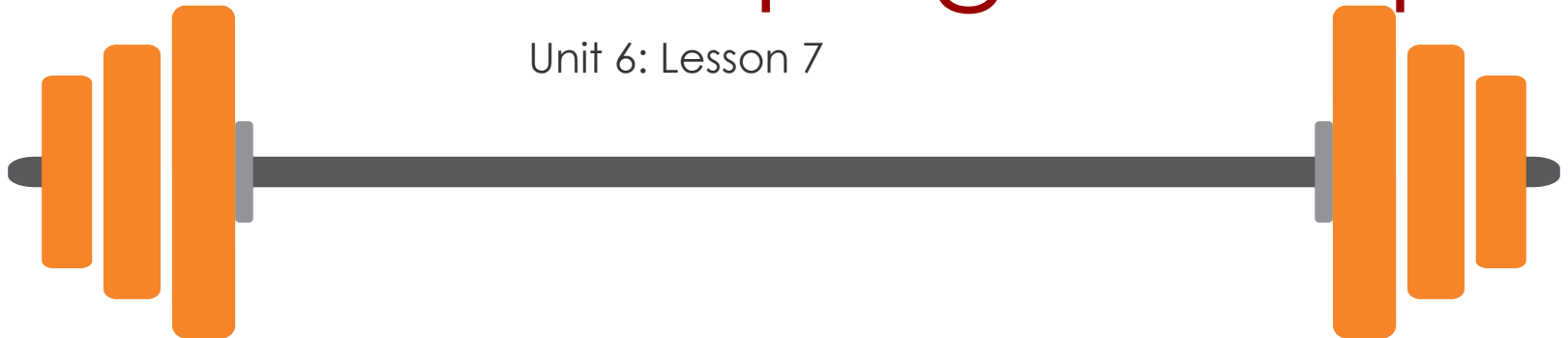


# Keeping In Shape

Unit 6: Lesson 7



Today , we will be looking at  
words with the “Ou” sound.

What do you think the letters “O”  
and “U” sound like together?

Say it out loud. Practice with your class!

# What words have “OU” in them?

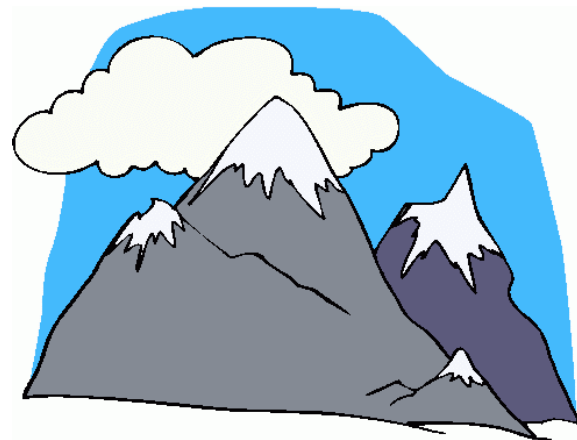


# How do we spell these words?

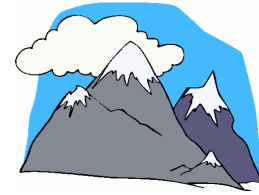
## Practice spelling each word.



Try to think of other words  
that use “Ou” in them!



Fill in the sentence with the appropriate word.



I climbed the tall \_\_\_\_\_ with my father.

My mom says to only put healthy food in my \_\_\_\_\_.



It is good to spend time outside of the \_\_\_\_\_ so we can get active.



I love to play outside and watch the \_\_\_\_\_ in the sky.



Tell me how you can keep in shape using an “OU” word.



Look at this photo.  
Who is taller? Who do  
you think is older?

Taller and Older  
Comparative





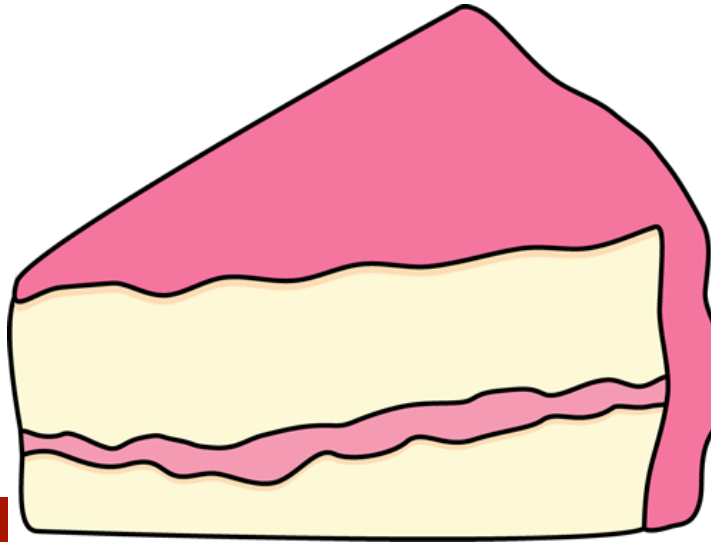


Who is going fast?  
Who is going faster?  
Who is going the fastest?

The Fastest - Superlative

Let's try one more time.  
Describe these using the  
word "sweet"

Sweet?  
Sweeter?  
Sweetest?



Which of these foods would keep us in shape?  
Why?

# Let's review comparative and superlative!



This boy is going fast.



But this boy is faster.

## Comparative



However, this boy is the fastest.

## Superlative

Write your own sentence.  
Use the word strong.

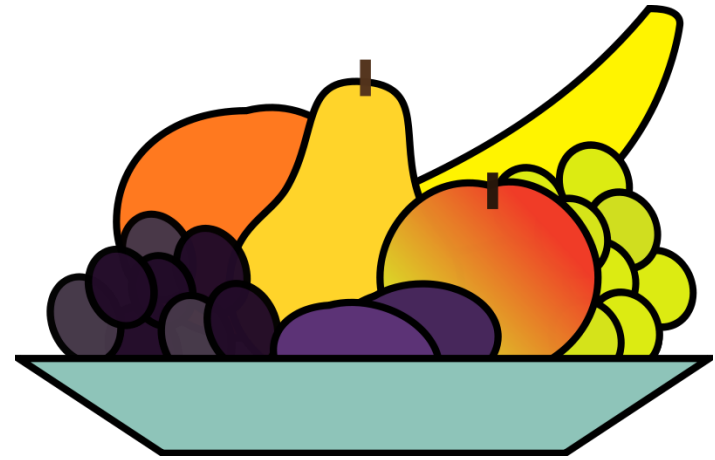
Strong. Stronger. Strongest.



“Shall we” and “how about”  
can both be used when you  
are making a suggestion.

Shall we play basketball tonight?

How about you come over for dinner tonight?



We will practice together. Fill  
in the blanks.

\_\_\_\_\_ play volleyball or hockey?

\_\_\_\_\_ hockey?



Write your own sentence.  
Begin with “Shall we” or  
“How about”

# Great work! Let's read this poem together now!



We are the grouches,  
We don't want a mouse!  
We only want grouches  
Around in our house!

We are the grouches,  
And we like to pout.  
WE like to grumble  
And grouse all about.

We are the grouches,  
And we loudly shout,  
Get out, little mouse!  
Get out, out, OUT!

How many  
"Ou" words  
can you spot?



# Keeping Active

Sometimes sports teams create a chant like the one we read to say to an opposing team.

Can you create a chant?

