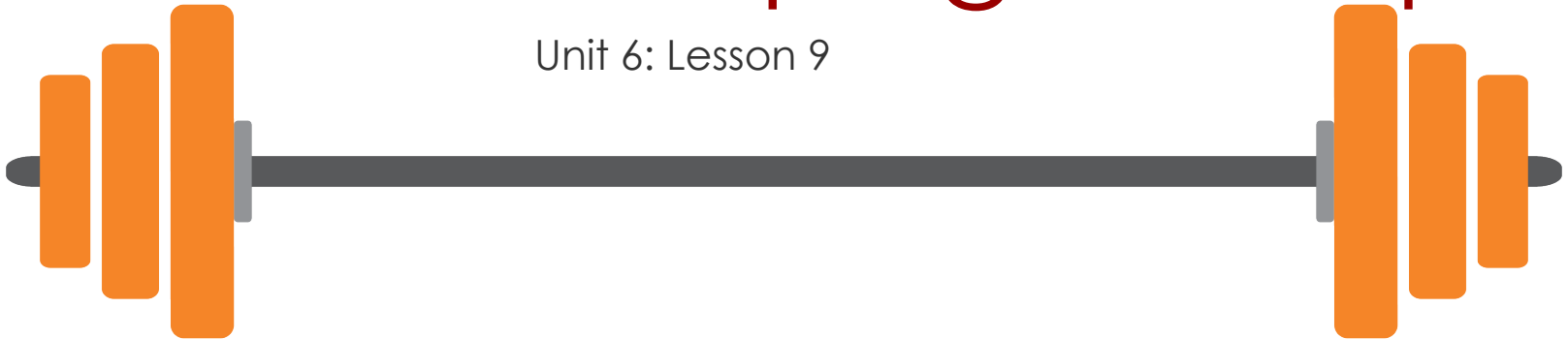




Keeping In Shape

Unit 6: Lesson 9





What are we learning this class?



- “Ay” sound
- Writing short sentences
- Adjectives and Adverbs

What sound do the letters
“A” and “Y” make when
they are together?



“Ay”

You are correct!
Here are some examples
of words that have “ay”
in them.



Can you guess the word being depicted?

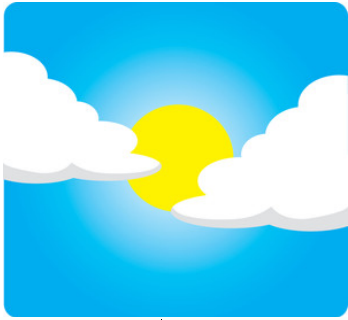
You have 1 minute. Race against your classmates and write a list of as many “ay” words as you can think of.

Ready, Set, Go!!! 

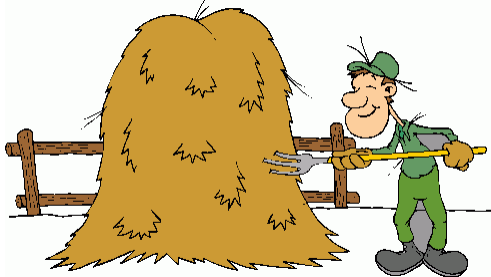


Nice job! That was a lot of words.

Now try to match the photo with the word.



Lay



Day



Hay

How are these words involved in keeping us in shape?

Let's do it again. Match the photo with the word.



Spray

Stay

Play

How can these words keep us in shape?

Nice matching skills. It
is important to
understand what
each word means.

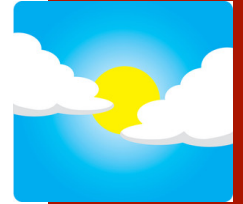


Now we will try to fill in some blanks!
Pay attention to the details of each sentence.



I love to _____ outside with friends.

My mom will _____ the garden hose
to water our healthy vegetables.



We only play outside during the _____.



My dad says to _____ outside for
at least an hour each day.

What are some things you
noticed about each
sentence?

Correct! Here are some important parts of a sentence.

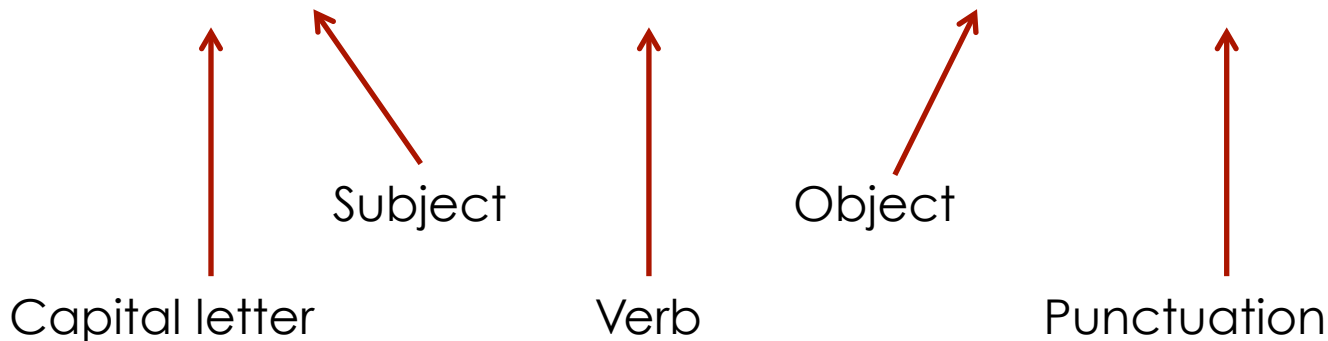
- Begin with a capital
- End with punctuation
- Involve a subject, verb, and an object.

Example:
Bill kicked the ball.



There are 5 important parts to a basic sentence.

Bill kicked the ball.



Steve laid down on the grass.

Identify the 5 important parts of this basic sentence.

Capital?
Punctuation?
Subject?
Verb?
Object?



Try your own sentence! Include
the 5 parts of a basic sentence
that we learned about.



A large, empty rectangular box with a thick red border, intended for students to write their own sentences.

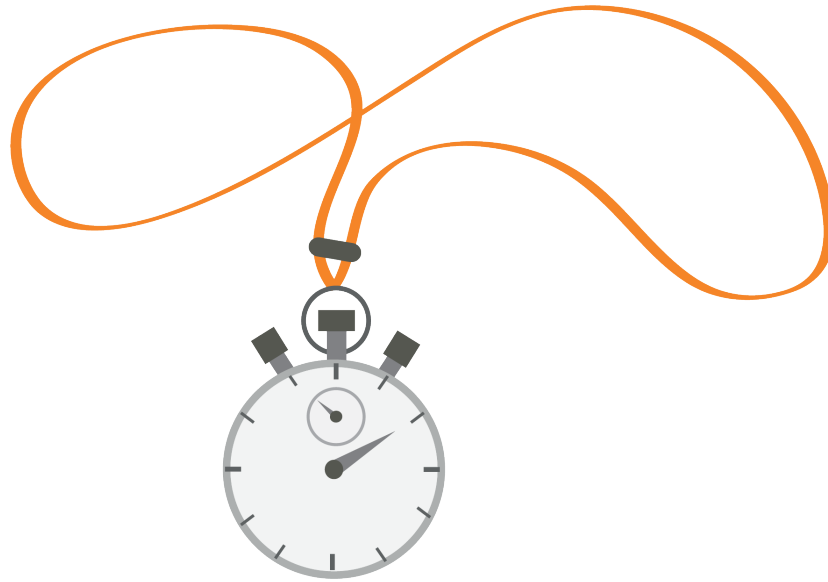
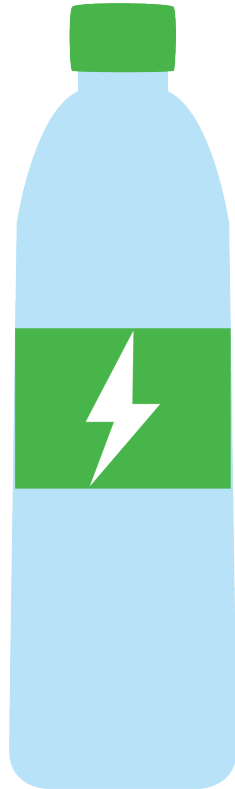
Nice work! Now let's try to add our "ay" words into the sentence. Write a sentence using one "ay" word.



A large empty rectangular box with a red border, intended for writing a sentence.

Great job!

How can the sentence
you wrote keep us in
shape?



Now we will look at adjectives
and adverbs.

What is an adjective?
What is an adverb?

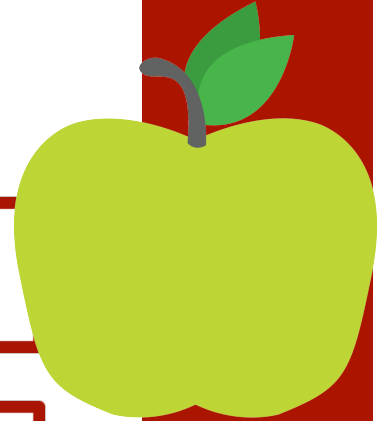


Adjective – a describing word
Adverb – tells us more about a verb

Let's list some examples of adverbs and adjectives that we already know

Adverbs

Adjectives



Great list! Here are some adverbs you may not have heard before. Try to use one in a sentence.



Gracefully
Loudly
Rapidly
Quietly
Carelessly



Example: Julie carelessly shot the ball into the basket.



Here are some new adjectives. Try to use one of these in a sentence.



Clumsy
Aggressive
Brave
Round
Gigantic
Rough



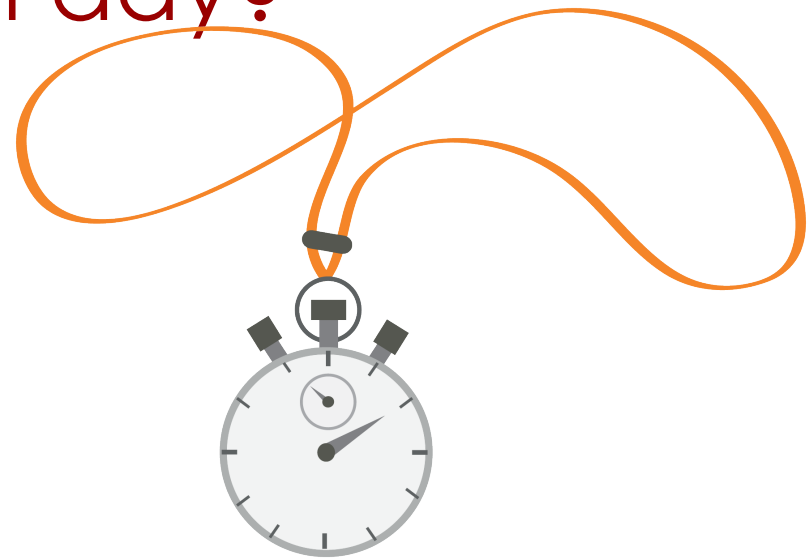
Example: Kevin is a clumsy athlete.

Write a sentence describing something that would keep us in shape using an adjective.



Great work! Being outside is
a great way to stay active
and in shape?

Pop Question:
At least how long should we
play outside each day?



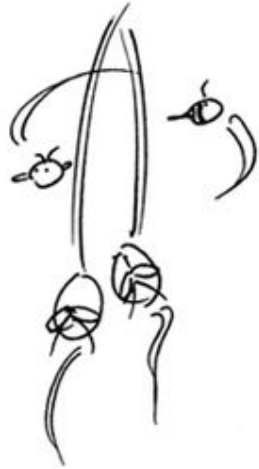
Answer:
At least 60 minutes each day!



Run, Skip, Jump, and Play

Run and play! Run and Play!
Hop and skip right into May!
Laugh and grin! Laugh and grin!
Hum and holler! Twirl and spin!
For the days are warm and bright,
Skies are blue and the weather is right
to run and skip and hop and play,
to laugh and grin right into May!





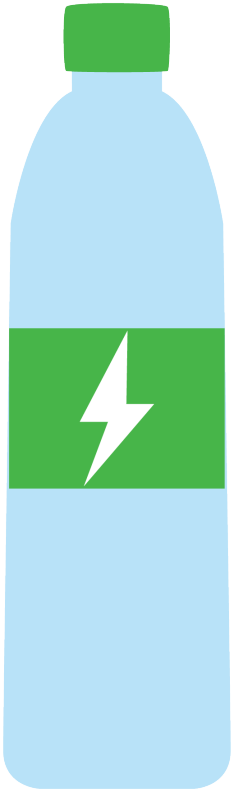
Two Tennies

Two white tennies
Off for a walk,
Skip for a mile,
Run for a block.
Race 'round the park,
Wind through the trees,
Splash in the creek,
Dance with the bees.
Zip 'round the playground,
Jump over logs,
Drum down the sidewalk
Chased by two dogs.
Two muddy tennies,
Tired from their play,
Wipe 'cross the mat
And call it a day.



Review!

- “Ay” words
- Writing our own sentences
- Adverbs and Adjectives



Homework

Do you have any questions?

