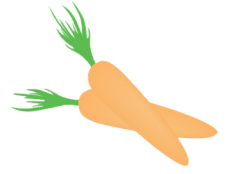
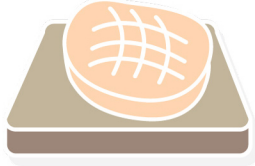


Plant or Animal?

Write down what you eat for a day and check if it is plant based, animal based, or both.

[illegible]